

YMCA MAIN GYM

	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
YMCA CLOSED		Boot Camp 5-5:45 AM		Boot Camp 5-5:45 AM		Boot Camp 5-5:45 AM	YMCA CLOSED
		OPEN GYM 6-8 AM	OPEN GYM 5-9 AM	OPEN GYM 6-8 AM	OPEN GYM 5-9 AM	OPEN GYM 6-8 AM	OPEN GYM 7-9 AM
		Pickleball 8 AM - 11:30 AM	Quick Walk 9-9:30 AM OPEN GYM 9:30 AM - 12 PM	Pickleball 8 AM - 10 AM HOMESCHOOL GYM 10-11AM OPEN GYM 11 AM - 12PM	Quick Walk 9-9:30 AM OPEN GYM 9:30 AM - 12 PM	Pickleball 8 AM - 11:30 AM	BASKETBALL GAMES 9-11 AM 11/4 - 12/16
		Adult Basketball 12-1 PM	Adult Basketball 12-1 PM	Adult Basketball 12-1 PM	Adult Basketball 12-1 PM	Adult Basketball 12-1 PM	
*OPEN GYM * 12-6 PM	OPEN GYM 1-6:30 PM BASKETBALL (HALF GYM) 6:30-7:30 PM	OPEN GYM 1-6:30 PM BASKETBALL (HALF GYM) 6:30-7:30 PM	Pickleball Ladies League 1:30-3:30 PM OPEN GYM 3:30-11 PM	OPEN GYM 1-5:30 PM BASKETBALL (HALF GYM) 5:30-6:30 PM	OPEN GYM 1:00-7:00 PM	OPEN GYM 11 AM - 6 PM	
YMCA CLOSED	OPEN GYM 7:30-11 PM	OPEN GYM 7:30-11 PM		OPEN GYM 6:30-11 PM	Skate Night 7-9 PM OPEN GYM 9-11 PM		YMCA CLOSED

* Main Gym closed for Volleyball Oct 29 & Nov 12th: 12-3 PM and for Pickleball Dec 10th: 1-4 PM*

ARMORY GYM

	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
YMCA CLOSED		OPEN GYM ** 5:00 AM-6:00 PM	OPEN GYM ** 5:00 AM-5:00 PM	OPEN GYM ** 5:00 AM-5:00 PM	OPEN GYM ** 5:00 AM-5:00 PM	OPEN GYM ** 5:00 AM-5:00 PM	YMCA CLOSED
OPEN GYM 12-6 pm ****	**Armory Gym will only be available if the YMCA Main Gym is full or closed during these times**						OPEN GYM 7 AM-6PM ****
YMCA CLOSED	OPEN GYM 5:00-10:00 PM	OPEN GYM 5:00-10:00 PM	MARTIAL ARTS 5:00-8:00 PM OPEN GYM 8:00-10:00 PM	OPEN GYM 5:00-10:00 PM	OPEN GYM 5:00-10:00 PM	OPEN GYM 5:00-10:00 PM	YMCA CLOSED

**** National Guard has full use of the armory Gym during two weekends a month, which varies every month****

GYM SCHEDULE - EFFECTIVE NOVEMBER THRU DECEMBER 2017