

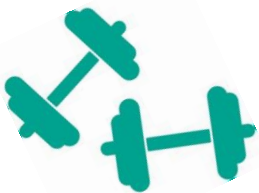


FOR YOUTH DEVELOPMENT®  
FOR HEALTHY LIVING  
FOR SOCIAL RESPONSIBILITY

# FUN HAS NO AGE LIMIT

## Senior Sunrise at the YMCA

Senior Sunrise is for the Union County community.  
All Senior Citizens are welcome to join us for Senior Social Hour  
every Wednesday and Friday from 7am – 12pm.



- Includes:**
- Free Use of the Facility
  - Water Exercise Classes
  - Senior Aerobics Classes
  - Fitness Equipment
  - Pickleball
  - Coffee
  - Snacks



**It's all about the Seniors at Senior Sunrise!**



Union County Family YMCA \* 1150 Charles Lane \* Marysville, Ohio 43040  
937-303-9285 \* [www.unioncountyyymca.org](http://www.unioncountyyymca.org)

