



YMCA Gymnastics

Gymnastics is held at 833 N. Maple St., Marysville, OH 43040

Baby Gymnastics: (1 1/2 – 3 year olds)

This class is designed for parents and children. Participants will develop and improve coordination and large motor skills through basic gymnastics. This class will include forward and backward rolls, skipping, jumping, and low balance beam skills.

Mondays: 5-5:30pm, 5:30-6pm, 6-6:30pm, OR 6:30-7pm

YMCA Members: \$30/session Non Members: \$45/session

Squeaky Sneakers (3-4 year olds)

Children will learn basic gymnastics skills including: forward and backward rolls, cartwheels, balance beam, vault, and bars.

Mondays: 5:15-6pm OR 6:15-7pm; OR Tuesdays: 5:15-6pm OR 6:15-7pm; OR Fridays: 5:45-6:30pm

*NEW – Thursday 10:30 – 11:15am @ Main YMCA Gymnasium

YMCA Members: \$40/session Non Members: \$55/session

Progressive I (5 years old & up)

This gymnastics class is for students to become familiar with beginning gymnastics skills on the floor, balance beam, bars, and vault.

Mondays: 5-6pm, OR 7-8pm, OR Tuesdays: 6-7pm, OR Thursdays 6-7pm, OR Fridays 5:30-6:30pm OR 6:30-7:30pm

YMCA Members: \$45/session Non Members: \$65/session

Progressive II (5 years old & up)

This gymnastics class is more advanced in developing USGF (United States Gymnastics Federation) Level 1-3 skills. Successful completion of Progressive I and teacher approval is required.

Mondays: 5-6pm, 6-7pm, OR 7-8pm, OR Tuesdays: 6-7pm OR Thursdays: 5-6pm, Fridays 5:30-6:30pm, OR 6:30-7:30pm

YMCA Members: \$45/session Non Members: \$65/session

Progressive III/ Pre-Team

This gymnastics class is most advanced in developing USGF Level 1-3 skills. Successful completion of Progressive II and teacher approval is required.

Tuesdays, OR Thursdays: 6-8pm OR Fridays 5-7pm (one day a week)

Tuesdays AND Thursdays: 6-8pm (two days a week)

YMCA Members: \$50/session (one day a week) \$80/session (two days a week)

Non Members: \$70/session (one day a week) \$95/session (two days a week)

Advanced Tumbling (8 & Up)

Students will work on their tumbling skills including round-offs, back walkovers, back handsprings, front and back tucks, and pikes.

Thursdays: 7-8pm

YMCA Members: \$45/session Non Members: \$65/session

Team

Gymnasts will compete with other YMCA teams and in exhibition meets. Tryouts and Coach's approval are required. Participants must be YMCA Members.

Mondays, Tuesdays AND Thursdays: 5:30-8:00pm

YMCA Members: \$80/session Additional Meet Fees will be required.

Boys Gymnastics (5 & Up – Students younger than 5 should sign up for Squeaky Sneakers)

Students will work on the beginning skills for boys gymnastics including: floor, rings, parallel bars, high bar, pommel horse, and vault.

Tuesdays: 5-6pm

YMCA Members: \$45/session Non Members: \$65/session

Advanced Boys Gymnastics (5& Up with Coach Approval)

Students will work on more advanced skills for boys gymnastics including: floor, rings, parallel bars, high bar, pommel horse, and vault.

Fridays: 6:30-7:30pm

YMCA Members: \$45/session Non Members: \$65/session

Union County Family YMCA * 1150 Charles Lane * Marysville, Ohio 43040 * 937-303-9285 * www.unioncountyyymca.org

