



**FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY**

KEEP SWIMMERS SAFE HELP SAVE LIVES

LIFEGUARD TRAINING

Age 15 and older

Participants must be physically able to

- *Tread water for 2-minutes without hands
- *Swim 100-yards Front Crawl
- *Swim 200-yards combination of Front Crawl and Breast Stroke
- *Climb out of the pool without the assistance of a ladder or stairs
- *Retrieve 10 pound brick from deep end of the pool
- *Course also includes certifications in CPR, First Aid and AED

Cost: YMCA Members: \$175 Non Members: \$250

Lifeguard Class Important Dates:

Thursday, March 28: 9am – 7pm

Friday, March 29: 9am – 7pm

Saturday, March 30: 9am – 6pm

Participants are required to attend each day.

Last day to register is Friday, March 15th.

\$100 Non-Refundable Deposit is due at registration.



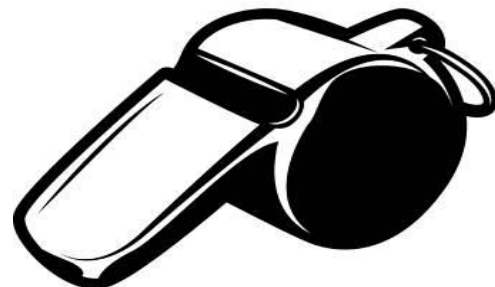
Lifeguard Certification

Renewal Date:

Saturday, March 16: 10am-2pm

Cost: \$75

For more information contact Tracy
tzimmerman@unioncountyyymca.org



Union County Family YMCA * 1150 Charles Lane * Marysville, Ohio 43040
937-303-9285 * www.unioncountyyymca.org



1/10/2019