



Meet Jesse

Before coming to the YMCA, Jesse had not been involved in many fitness or group activities. Jesse joined the YMCA in 2015, looking for things to do and people to meet. Quickly finding a liking for the water, Jesse joined the morning water fitness classes and eventually tried other group exercises activities too.

Now 5 years later Jesse has made the YMCA his second home. He volunteers every Saturday morning by cleaning in the pool and lobby areas. He considers the people he has met and developed relationships with as family. He says that if not for the Y "he doesn't know where else he would be".