



WELCOME BACK

FAQ – Phase 1

UNION COUNTY FAMILY YMCA HOURS OF OPERATION:

Monday-Friday: 6am-8pm Saturday: 7am-1pm Sunday: 12pm-6pm

Do I have to wear a mask?

While not required, the Y requests that members wear masks whenever possible, especially in common areas. All YMCA Staff will be required to wear masks.

Will you be checking temperatures before entering the Y?

All staff is required to have their temperature taken upon entry to the Y. Members with a temperature in the last 48 hours are required to have their temperature taken. Members with a temperature of 100.4 or higher will not be allowed to enter for the day. Member temperatures are confidential and not kept on file by the YMCA.

Are there capacity limits in place?

Yes. Following guidelines from the Governor, we will have reduced capacity.

How will social distancing be enforced?

Signs will be posted throughout the facility regarding social distancing. Floor markers will be used upon entering the facility. Stay at least six feet away from others. Staff will be counting and monitoring members and will ask groups to separate if necessary.

What is your cleaning protocol?

Members are asked to use the supplied disinfectant before and after they use the exercise equipment. Staff will be cleaning high touch surface areas every 60 minutes and restrooms will be every 2 hours. The YMCA will be providing/using EPA approved disinfectants to clean all areas.

How do I know it is safe to come back?

We are doing everything possible to keep our Y safe and clean, but only you can make the decision for what is right for you. We are cleaning high contact surfaces every 60 minutes, asking members to wipe down equipment before and after each use, staff are required to wear face masks whenever possible, hand sanitizer stations are available throughout the Y.

What can I bring to the Y?

We ask that you only bring a mask, workout towel, and a filled bottle of water. We will not be able to store belongings at the Customer Service Desk and our lockers will not be readily available at the outset of our re-opening.

Will Kidzone be available?

No. Throughout the month of June, Kidzone services will not be available. We ask that children under the age of 13 be accompanied by an adult at all times.

Are the pools open?

The Lap Pool will be open for lap swim only. There will be no leisure swim or water exercise classes. The Warm Water Pool will remain closed throughout Phase 1 of reopening.

When will youth activities start again?

Youth activities will be evaluated throughout the month of June to determine when these activities are to start again.

Can I bring a guest with me?

No. At this time, only active members will be able to access the Y. Due to the Governor's guidelines we are operating on reduced capacity. Guests will be able to attend at a date that has yet to be determined.

When will group exercise classes be available in the facility again?

Group Exercise classes will not begin during Phase 1 of our re-opening. At this time, we are in the planning stages of Phase 2. More info to come. In the meantime please visit our YouTube Channel for virtual group exercise classes.

Will the Gymnasium be available?

No. During our Phase 1 of re-opening the Gymnasium will not be available. We are hopeful that we are able to open the Gymnasium in Phase 2.

Will the Fitness Center be available?

Yes. We have socially distance the workout equipment. Some workout benches have been placed in blue squares. Under no circumstances should this equipment be moved. Moving workout equipment from their designated spot could result in you being asked to leave.

Will the locker rooms be available?

We ask that the locker rooms be used on a limited basis if absolutely necessary, otherwise we ask people to avoid locker room use.

Union County Family YMCA PHASE 1 Reopening Guidelines:

- Members will be asked to complete a screening questionnaire describing their current health and possible contact with COVID 19 persons. Those deemed to be at risk will not be allowed to access the facility. We ask for your patience during this time.
- Youth Members will not be permitted in the facilities by themselves. A parent or guardian must be present with the minor at all times.
- All must wash or sanitize their hands upon entry and before and after workouts.
- Members will be required to clean equipment before and after use. Equipment will be cleaned by staff after usage and the bathrooms will be cleaned and sanitized every 2 hours.
- Please bring your own workout towel and water bottle. Don't forget your YMCA card!
- Members will be required to adhere to all posted signage regarding distancing.
- Members are encouraged to wear masks while inside the facility.
- Amenities temporarily not available: coffee service, group sitting areas, drinking fountains, Kidzone and towel service.
- Areas temporarily not open or limited access: Locker rooms, lobby, group exercise studio, sauna, warm water pool, gymnasium.
- Access to the Pool will be through the back pool entrance and exit through the main lobby. We encourage you to come ready to swim. Pool equipment will be unavailable.
- Guest passes will not be permitted. We will honor reciprocity and those members will need to follow our YMCA guidelines.
- Safety is our top priority, so we ask members practice social distancing, a minimum of 6 feet and follow the posted guidelines and markings.
- To maintain a healthy environment we ask you to stay at home if you develop these symptoms: fever, cough, or shortness of breath.
- Racquetball reservations will be accepted.