

# COVID-19 PROTECTION RULES

## COACH PITCH & T-BALL

The following rules are mandatory and follow mandates set by the State of Ohio, CDC, and Health Department. We ask for patience, understanding, and cooperation during this time to help protect yourself and other participants. Refusal to follow these rules will result in termination from the program without refund.



### EQUIPMENT

- No sharing of water, communal water coolers, or equipment. It is strongly encouraged for every player to own and use their personal set of water bottle, helmet, bat, gloves (optional).
- The YMCA will provide balls, tees, bats, and helmets to players who do not have their own. Helmets will be numbered and assigned to 1 per player during practice/games, then sanitized before the next team's practice/game. Bats will be sanitized between uses of players when players do not own their own bat.
- Balls will be assigned to each team for use during practice and defense play in games. Balls will be sanitized between team practices/games.

### SELF-EVALUATION OF SYMPTOMS

- 1) Have you been in close contact with a confirmed case of COVID19?
- 2) Are you experiencing a cough, shortness of breath, or sore throat?
- 3) Have you had a fever in the last 48 hours? If yes, we will check your temperature using a touchless thermometer. Persons with temperature above 100.4 will not be permitted to participate for at least 24 hrs and when the temperature is acceptable again. The YMCA must report any symptoms to the local health department.

### ATHLETES

- Must adhere to six foot social distancing off the field of play.
- When 10yr and up, must wear face coverings when not actively participating in the field of play.
- Must complete self-evaluation of symptoms upon arrival to practice and games. This includes answering the following questions to YMCA staff on site:
  - 1) Have you been in close contact with a confirmed case of COVID19?
  - 2) Are you experiencing a cough, shortness of breath, or sore throat?
  - 3) Have you had a fever in the last 48 hours? If yes, we will check your temperature using a touchless thermometer. Persons with temperature above 100.4 will not be permitted to participate for at least 24 hrs and when the temperature is acceptable again. The YMCA must report any symptoms to the local health department.
- It is strongly encouraged for every player to own and use their personal set of water bottle, helmet, bat, gloves (optional).
- No touch rule: players cannot high five, handshake, or other physical contact. A "tip the cap" or verbal "good game" will be used in place of the regular handshake line after games.
- No spitting or eating seeds, gum, or other products.
- Force outs only- no tag outs.



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## **COACHES**

- Must adhere to six foot social distancing at all times.
- Face masks required at all times.
- Must complete self-evaluation of symptoms with YMCA staff on site upon arrival to practice and games.
- No touch rule: coaches cannot high five, handshake, or other physical contact. A “tip the cap” or verbal “good game” will be used in place of the regular handshake line after games.
- Must ensure players are following COVID-19 Protection Rules.

## **SPECTATORS**

### **•Spectators are limited to guardians and siblings**

- Must adhere to 6 ft social distancing at all time. This includes in and around bleachers for anyone not in the same family.
- Face mask not required when keeping 6ft social distance from others, but if walking around, must wear mask.
- Must complete self-evaluation of symptoms with YMCA staff on site upon arrival to practice and games.
- Must not enter player areas (on field of play or bench areas).
- Must keep six feet or more distance from the backstop.

## **OTHER GENERAL RULES**

- Individuals should not congregate in common areas or parking lot.
- No communal team snacks or eating together. Teams can give out pre-packaged snacks at end of game for players to take home. If a player needs a snack break while playing, they must go to their parent’s seating area and eat it there before returning to play.
- YMCA staff is required to wear face coverings and ensure all individuals are following these rules.
- Players will be kept 6 feet apart while waiting on benches/sidelines between batting turns, following marked areas to stand/sit.

## **CONFIRMED CASES**

- If any individuals or family members who live in the same home test positive for COVID-19, they must immediately contact the Youth Development Director, Rachael Baxter, at [rbaxter@unioncountyyymca.org](mailto:rbaxter@unioncountyyymca.org) or 614-859-2148.
- If any individuals show symptoms, they will immediately be isolated and sent home to seek medical care. The YMCA is also required to contact the local health department to report these suspected cases or any exposure.