



YMCA GYM SCHEDULE

UNION COUNTY FAMILY YMCA

October-December 2022

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
OPEN GYM 5AM-8AM	OPEN GYM 5AM-9AM	OPEN GYM 5AM-8AM	OPEN GYM 5AM-9AM	OPEN GYM 5AM-8AM	OPEN GYM 7AM-9AM	
PICKLEBALL 8AM-11:30AM	WALKING CLASS 9AM-9:30AM	PICKLEBALL 8AM-11:30AM	WALKING CLASS 9AM-9:30AM	PICKLEBALL 8AM-11:30AM	YOUTH SPORTS 9AM-1PM	
OPEN GYM 11:30AM-	OPEN GYM 9:30AM-12PM	OPEN GYM 11:30AM-12PM	OPEN GYM 9:30AM-12PM	OPEN GYM 11:30AM-12PM		
ADULT BASKETBALL 12PM-1:30PM	ADULT BASKETBALL 12PM-1:30PM	ADULT BASKETBALL 12PM-1:30PM	ADULT BASKETBALL 12PM-1:30PM	ADULT BASKETBALL 12PM-1:30PM		
PICKLEBALL 1:30PM- 3:30PM	OPEN GYM 1:30PM - 5:30PM	PICKLEBALL 1:30PM- 3:30PM	OPEN GYM 1:30PM - 5:30PM	PICKLEBALL 1:30PM- 3:30PM		
OPEN GYM 3:30PM-5:30PM		OPEN GYM 3:30PM-5:30PM				
YOUTH SPORTS 5:30PM-7:30PM	YOUTH SPORTS 5:30PM-7:30PM	YOUTH SPORTS 5:30PM-7:30PM	YOUTH SPORTS 5:30PM-7:30PM	OPEN GYM 3:30PM- 9PM		
OPEN GYM 7:30PM-9PM	OPEN GYM 7:30PM-9PM	OPEN GYM 7:30PM-9PM	OPEN GYM 7:30PM-9PM		OPEN GYM 12PM-6PM	

Schedule is subject to change with little to no notice.
Check our Facebook, Instagram, & Twitter for updates!

ARMORY GYM SCHEDULE

Please see the Welcome Desk for availability from 5am-5pm. National Guard has full use of Armory Gym twice a month, schedule is subject to change with little to no notice.

OPEN GYM 5AM-6:30PM	OPEN GYM 5AM-6:30PM	OPEN GYM 5AM-5PM	OPEN GYM 5AM-6:30PM	OPEN GYM 5AM-9PM	OPEN GYM 7AM-1PM	
STARTING 12/5 YOUTH SPORTS 6:30PM-8:30PM	STARTING 12/5 YOUTH SPORTS 6:30PM-8:30PM	MARTIAL ARTS 5PM-7:30PM	STARTING 12/5 YOUTH SPORTS 6:30PM-8:30PM			OPEN GYM 12PM-6PM
*CIVIL AIR PATROL 7:30PM-9PM *LAST MONDAY	OPEN GYM 8:30PM- 9PM	OPEN GYM 7:30PM- 9PM	OPEN GYM 8:30PM- 9PM			