



# 100 MILE SWIM CLUB

## & Mini-Miler Swim Club

**Push yourself – accomplish more with our 100-Mile Swim Club!**

### Details:

- 3,300 laps=100 miles
- 33 laps/66 lengths =1 mile
- Pool length=25 yards, Pool lap =50 yards
- Mini-Miler is for ages 12 and under
  - 50 Mile goal for Mini-Miler
- Keep track of your mileage in the 100 Mile Swim Club binder to stay motivated.
- Let the lifeguard know when you join the 100 Mile Swim Club!

Begins January 9, 2023

Ends December 11, 2023

**Free T-shirt for those who reach  
the 100 Mile Swim Club or Mini-Miler goal!**

For more information contact Allie Weate at [aweate@unioncountyyymca.org](mailto:aweate@unioncountyyymca.org).

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