



# YMCA GYM SCHEDULE

UNION COUNTY FAMILY YMCA

## December 2022-February 2023

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
OPEN GYM 5AM-8AM	OPEN GYM 5AM-9AM	OPEN GYM 5AM-8AM	OPEN GYM 5AM-9AM	OPEN GYM 5AM-8AM	OPEN GYM 7AM-8:30AM	
PICKLEBALL 8AM-11:30AM	WALKING CLASS 9AM-9:30AM	PICKLEBALL 8AM-11:30AM	WALKING CLASS 9AM-9:30AM	PICKLEBALL 8AM-11:30AM	YOUTH SPORTS 8:30AM-1PM	
OPEN GYM 11:30AM-12PM	OPEN GYM 9:30AM-12PM	OPEN GYM 11:30AM-12PM	OPEN GYM 9:30AM-12PM	OPEN GYM 11:30AM-12PM		
ADULT BASKETBALL 12PM-1:30PM	ADULT BASKETBALL 12PM-1:30PM	ADULT BASKETBALL 12PM-1:30PM	ADULT BASKETBALL 12PM-1:30PM	ADULT BASKETBALL 12PM-1:30PM		
PICKLEBALL 1:30PM-3:30PM	OPEN GYM 1:30-5:30PM	PICKLEBALL 1:30PM-3:30PM	OPEN GYM 1:30-5:30PM	PICKLEBALL 1:30PM-3:30PM	YOUTH SPORTS 12PM-6PM	
OPEN GYM 3:30-5:30PM		OPEN GYM 3:30-5:30PM		OPEN GYM 3:30-5:30PM		OPEN GYM 3:30-5:30PM
YOUTH SPORTS 5:30PM-8:30PM	YOUTH SPORTS 5:30PM-9PM	YOUTH SPORTS 5:30PM-8:30PM	YOUTH SPORTS 5:30PM-9PM	OPEN GYM 3:30PM-9PM		
OPEN GYM 8:30PM-9PM		OPEN GYM 8:30PM-9PM		YOUTH SPORTS HALF GYM 6PM-8PM		

Schedule is subject to change with little to no notice.  
Check our Facebook, Instagram, & Twitter for updates!

## ARMORY GYM SCHEDULE

Please see the Welcome Desk for availability from 5am-5pm. National Guard has full use of Armory Gym twice a month, schedule is subject to change with little to no notice.

OPEN GYM 5AM-5:30PM	OPEN GYM 5AM-5:30PM	OPEN GYM 5AM-5PM	OPEN GYM 5AM-5:30PM	OPEN GYM 5AM-9PM	OPEN GYM 7AM-8:30AM	
STARTING 12/5 YOUTH SPORTS 5:30PM-8:30PM	STARTING 12/6 YOUTH SPORTS 5:30PM-9:00PM	MARTIAL ARTS 5PM-7:30PM	STARTING 12/8 YOUTH SPORTS 5:30PM-8:30PM		YOUTH SPORTS 8:30AM-1PM	OPEN GYM 12PM-2PM
*CIVIL AIR PATROL 7:30PM-9PM		YOUTH SPORTS 7:30PM-8:30PM	OPEN GYM 8:30PM-9PM			YOUTH SPORTS 2PM-4PM
		OPEN GYM 8:30PM-9PM	OPEN GYM 8:30PM-9PM			OPEN GYM 4PM-6PM