



YMCA GYM SCHEDULE

UNION COUNTY FAMILY YMCA

February 27-April 2, 2023

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
OPEN GYM 5AM-8AM	OPEN GYM 5AM-9AM	OPEN GYM 5AM-8AM	OPEN GYM 5AM-9AM	OPEN GYM 5AM-8AM	OPEN GYM 7AM-8:30AM	OPEN GYM 12PM-6PM
PICKLEBALL 8AM-11:30AM	WALKING CLASS 9AM-9:30AM	PICKLEBALL 8AM-11:30AM	WALKING CLASS 9AM-9:30AM	PICKLEBALL 8AM-11:30AM		
OPEN GYM 11:30AM-12PM	OPEN GYM 9:30AM-12PM	OPEN GYM 11:30AM-12PM	OPEN GYM 9:30AM-12PM	OPEN GYM 11:30AM-12PM		
ADULT BASKETBALL 12PM-1:30PM	ADULT BASKETBALL 12PM-1:30PM	ADULT BASKETBALL 12PM-1:30PM	ADULT BASKETBALL 12PM-1:30PM	ADULT BASKETBALL 12PM-1:30PM	OPEN GYM 3:30PM-9PM	OPEN GYM 12PM-6PM
PICKLEBALL 1:30PM-3:30PM	OPEN GYM 1:30PM-7PM	PICKLEBALL 1:30PM-3:30PM	OPEN GYM 1:30P-7PM	PICKLEBALL 1:30PM-3:30PM		
OPEN GYM 3:30PM-7PM		OPEN GYM 3:30PM-7PM		OPEN GYM 3:30PM-7PM		
YOUTH SPORTS 7PM-9PM	YOUTH SPORTS 7PM-9PM	YOUTH SPORTS HALF GYM 6PM-7PM	YOUTH SPORTS 7PM-9PM	YOUTH SPORTS HALF GYM 6PM-8PM		
		YOUTH SPORTS FULL GYM 7PM-7:30PM		YOUTH SPORTS HALF GYM 6PM-8PM		
		YOUTH SPORTS HALF GYM 7:30PM-9PM	OPEN GYM HALF GYM 7:30PM-9PM			

Schedule is subject to change with little to no notice.
Check our Facebook, Instagram, & Twitter for updates!

ARMORY GYM SCHEDULE

Please see the Welcome Desk for availability from 5am-5pm. National Guard has full use of Armory Gym twice a month, schedule is subject to change with little to no notice.

OPEN GYM 5AM-6PM	OPEN GYM 5AM-7PM	OPEN GYM 5AM-5PM	OPEN GYM 5AM-7PM	OPEN GYM 5AM-9PM	OPEN GYM 7AM-1PM	OPEN GYM 12PM-6PM
YOUTH SPORTS 6PM-7:30PM	YOUTH SPORTS 7PM-9PM	MARTIAL ARTS 5PM-7:30PM	YOUTH SPORTS 7PM-9PM			
*CIVIL AIR PATROL 7:30PM-9PM *LAST MONDAY		YOUTH SPORTS 7:30PM-9PM				