



YMCA GYM SCHEDULE

UNION COUNTY FAMILY YMCA

May 7-28, 2023

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
OPEN GYM 5AM-8AM	OPEN GYM 5AM-9AM	OPEN GYM 5AM-8AM	OPEN GYM 5AM-9AM	OPEN GYM 5AM-8AM	OPEN GYM 7AM-1PM	OPEN GYM 12PM-1PM
PICKLEBALL 8AM-11:30AM	WALKING CLASS 9AM-9:30AM	PICKLEBALL 8AM-11:30AM	WALKING CLASS 9AM-9:30AM	PICKLEBALL 8AM-11:30AM		
OPEN GYM 11:30AM-12PM	OPEN GYM 9:30AM-12PM	OPEN GYM 11:30AM-12PM	OPEN GYM 9:30AM-12PM	OPEN GYM 11:30AM-12PM		
ADULT BASKETBALL 12PM-1:30PM	ADULT BASKETBALL 12PM-1:30PM	ADULT BASKETBALL 12PM-1:30PM	ADULT BASKETBALL 12PM-1:30PM	ADULT BASKETBALL 12PM-1:30PM		
PICKLEBALL 1:30PM-3:30PM	OPEN GYM 1:30PM-5PM	PICKLEBALL 1:30PM-3:30PM	OPEN GYM 1:30PM-5PM	PICKLEBALL 1:30PM-3:30PM	YOUTH SPORTS 1PM-6PM	
OPEN GYM 3:30PM-5PM		OPEN GYM 3:30PM-5PM		OPEN GYM 3:30PM-5PM		
YOUTH SPORTS 5PM-7PM	YOUTH SPORTS 5PM-7PM	YOUTH SPORTS 5PM-7PM	YOUTH SPORTS 5PM-7PM	OPEN GYM 3:30PM-9PM		
OPEN GYM 7PM-9PM	OPEN GYM 7PM-9PM <i>5/16 ONLY</i> YOUTH SPORTS HALF GYM 7PM-9PM	OPEN GYM 7PM-9PM <i>5/10 & 5/17</i> YOUTH SPORTS HALF GYM 7PM-9PM	OPEN GYM 7PM-9PM			

Schedule is subject to change with little to no notice.
Check our Facebook, Instagram, & Twitter for updates!

ARMORY GYM SCHEDULE

Please see the Welcome Desk for availability from 5am-5pm. National Guard has full use of Armory Gym twice a month, schedule

OPEN GYM 5AM-9PM	OPEN GYM 5AM-9PM	OPEN GYM 5AM-5PM	OPEN GYM 5AM-9PM	OPEN GYM 5AM-9PM	OPEN GYM 7AM-1PM	OPEN GYM 12PM-6PM
*CIVIL AIR PATROL 7:30PM-9PM *LAST MONDAY		MARTIAL ARTS				
		OPEN GYM 7:30PM-9PM				