



YMCA GYM SCHEDULE

UNION COUNTY FAMILY YMCA

September 5-November 18, 2023

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
OPEN GYM 5AM-8AM	OPEN GYM 5AM-9AM	OPEN GYM 5AM-8AM	OPEN GYM 5AM-9AM	OPEN GYM 5AM-8AM	10/28-11/18 YOUTH SPORTS 9AM-12PM	
PICKLEBALL 8AM-11:30AM	WALKING CLASS 9AM-9:30AM	PICKLEBALL 8AM-11:30AM	WALKING CLASS 9AM-9:30AM	PICKLEBALL 8AM-11:30AM		
OPEN GYM 11:30AM-12PM	OPEN GYM 9:30AM-12PM	OPEN GYM 11:30AM-12PM	OPEN GYM 9:30AM-12PM	OPEN GYM 11:30AM-12PM	OPEN GYM 7AM-1PM	OPEN GYM 12PM-6PM
ADULT BASKETBALL 12PM-1:30PM	ADULT BASKETBALL 12PM-1:30PM	ADULT BASKETBALL 12PM-1:30PM	ADULT BASKETBALL 12PM-1:30PM	ADULT BASKETBALL 12PM-1:30PM		
PICKLEBALL 1:30PM-3:30PM		PICKLEBALL 1:30PM-3:30PM		PICKLEBALL 1:30PM-3:30PM		
OPEN GYM 3:30PM-5PM	OPEN GYM 1:30PM-5PM	OPEN GYM 3:30PM-5PM	OPEN GYM 1:30PM-5PM	OPEN GYM 3:30PM-5PM		9/16-10/21 YOUTH SPORTS 1PM-5PM
YOUTH SPORTS 5PM-7PM	YOUTH SPORTS 5PM-7PM	YOUTH SPORTS 5PM-7PM	YOUTH SPORTS 5PM-7PM	YOUTH SPORTS 5PM-7PM		
OPEN GYM 7PM-9PM	OPEN GYM 7PM-9PM	OPEN GYM 7PM-9PM	OPEN GYM 7PM-9PM	OPEN GYM 7PM-9PM		

Schedule is subject to change with little to no notice.
Check our Social Media pages for updates!

ARMORY GYM SCHEDULE

Please see the Welcome Desk for availability from 5am-5pm. National Guard has full use of Armory Gym twice a month, schedule is subject to change with little to no notice.

OPEN GYM 5AM-9PM	OPEN GYM 5AM-9PM	OPEN GYM 5AM-5PM	OPEN GYM 5AM-9PM	OPEN GYM 5AM-9PM	OPEN GYM 7AM-1PM	OPEN GYM 12PM-6PM
		MARTIAL ARTS 5PM-7:30PM				
*CIVIL AIR PATROL 7:30PM-9PM *LAST MONDAY		OPEN GYM 7:30PM-9PM				