



UNION COUNTY FAMILY YMCA

LIFEGUARD CERTIFICATION

March 2024

Saturday, March 23: 8am-5pm and Sunday, March 24: 8am-5pm

April 2024

Saturday, April 13: 8am-5pm and Sunday, April 14: 8am-5pm

May 2024

Saturday, May 18: 8am-5pm and Sunday, May 19: 8am-5pm

June 2024

Saturday, June 8: 8am-5pm and Sunday, June 9: 8am-5pm

****Participants must be able to attend all consecutive days of certification class.**

LIFEGUARD RECERTIFICATION

Saturday, March 9: 9am-3pm

****Participants must complete the recertification class before their current certifications expire.** Once a lifeguard certification expires Red Cross requires participants to complete the full Lifeguarding Course.

CLASS FEES

LIFEGUARD CERTIFICATION CLASS:

YMCA Members: \$225 AWAY Members: \$225 NON Members: \$300

Please note a \$100 non-refundable deposit is due at

registration. Did you know? The YMCA will pay for your lifeguard certification if you work for us! Ask your instructor for more info or contact Dave at dhigh@unioncountyyymca.org.

LIFEGUARD RECERTIFICATION CLASS:

YMCA Members: \$100 AWAY Members: \$100 NON Members: \$125

CLASS REQUIREMENTS:

*This is a blended course. Participants will be required to complete about eight hours of online study/work.

*Age 15 and older

*Swim-Tread-Swim – Jump feet first into the deep end of the pool and swim 150 yards (3 laps) using front crawl or backstroke only, immediately tread water for 2 minutes no hands, then swim another 50 yards (1 lap)

*Retrieve 10-pound brick from deep end of the pool (No goggles)

*Climb out of the pool without the assistance of a ladder or stairs

*Course also includes certifications in CPR, First Aid and AED

*Must attend each day of course classes in selected month



For more information contact Dave at dhigh@unioncountyyymca.org

Union County Family YMCA
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937-303-9285

