



YMCA GYM SCHEDULE

UNION COUNTY FAMILY YMCA

February 1 - February 29, 2024

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
OPEN GYM 5AM-8AM	OPEN GYM 5AM-9AM	OPEN GYM 5AM-8AM	OPEN GYM 5AM-9AM	OPEN GYM 5AM-8AM	OPEN GYM 7AM-1PM**	
PICKLEBALL 8AM-11:30AM	WALKING CLASS 9AM-9:30AM	PICKLEBALL 8AM-11:30AM	WALKING CLASS 9AM-9:30AM	PICKLEBALL 8AM-11:30AM	**2/3-2/24 OPEN GYM 7AM-8:45AM YOUTH SPORTS 9AM-1PM	
OPEN GYM 11:30AM-12PM	OPEN GYM 9:30AM-12PM	OPEN GYM 11:30AM-12PM	OPEN GYM 9:30AM-12PM	OPEN GYM 11:30AM-12PM		
ADULT BASKETBALL 12PM-1:30PM	ADULT BASKETBALL 12PM-1:30PM	ADULT BASKETBALL 12PM-1:30PM	ADULT BASKETBALL 12PM-1:30PM	ADULT BASKETBALL 12PM-1:30PM		
PICKLEBALL 1:30PM-3:30PM	OPEN GYM 1:30PM-5PM	PICKLEBALL 1:30PM-3:30PM	OPEN GYM 1:30PM-5PM 6PM-7PM (HALF)	PICKLEBALL 1:30PM-3:30PM		**OPEN GYM 12PM-6PM
OPEN GYM 3:30PM-5PM		OPEN GYM 3:30PM-5PM		OPEN GYM 3:30PM-5PM		
YOUTH SPORTS 5PM-9PM	YOUTH SPORTS 5PM-9PM	YOUTH SPORTS 5PM-9PM	YOUTH SPORTS 5PM-9PM	YOUTH SPORTS 5PM-7PM		**2/4, 2/25 YOUTH SPORTS 12PM-6PM
		OPEN GYM (HALF) 8PM-9PM		OPEN GYM 7PM-9PM		

Schedule is subject to change with little to no notice.
Check our Facebook, Instagram, & Twitter for updates!

ARMORY GYM SCHEDULE

Please see the Welcome Desk for availability from 5am-5pm. National Guard has full use of Armory Gym twice a month, schedule is subject to change with little to no notice.

OPEN GYM 5AM-6PM	OPEN GYM 5AM-5PM	OPEN GYM 5AM-5PM	OPEN GYM 5AM-5PM	OPEN GYM 5AM-5PM	OPEN GYM 7AM-1PM**	
YOUTH SPORTS 6PM-8PM	YOUTH SPORTS 5PM-8PM	YOUTH SPORTS 5PM-6PM	YOUTH SPORTS 5PM-8PM	YOUTH SPORTS 5PM-8PM	**2/3-2/17 OPEN GYM 7AM-8:45AM YOUTH SPORTS 9AM-1PM	OPEN GYM 12PM-6PM
CAP 8PM-9PM	OPEN GYM 8PM-9PM	OPEN GYM 6PM-9PM	CAP 8PM-9PM	OPEN GYM 8PM-9PM		

The Armory Gym will be closed 2/24-2/25 for the National Guard