



YMCA GYM SCHEDULE

UNION COUNTY FAMILY YMCA

August 1, 2024 - August 31, 2024

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
OPEN GYM 5AM-8AM	OPEN GYM 5AM-9AM	OPEN GYM 5AM-8AM	OPEN GYM 5AM-9AM	OPEN GYM 5AM-8AM	OPEN GYM 7AM-1PM	
PICKLEBALL 8AM-11:30AM	WALKING CLASS 9AM-9:30AM	PICKLEBALL 8AM-11:30AM	WALKING CLASS 9AM-9:30AM	PICKLEBALL 8AM-11:30AM		
July 29th- Aug 2nd - Sports of all Sorts Camp 8AM-2:30PM						
OPEN GYM 11:30AM-12PM	OPEN GYM 9:30AM-12PM	OPEN GYM 11:30AM-12PM	OPEN GYM 9:30AM-12PM	OPEN GYM 11:30AM-12PM		OPEN GYM 12PM-6PM
ADULT BASKETBALL 12PM-1:30PM	ADULT BASKETBALL 12PM-1:30PM	ADULT BASKETBALL 12PM-1:30PM	ADULT BASKETBALL 12PM-1:30PM	ADULT BASKETBALL 12PM-1:30PM		
PICKLEBALL 1:30PM-3:30PM		PICKLEBALL 1:30PM-3:30PM		PICKLEBALL 1:30PM-3:30PM		
OPEN GYM 3:30PM-9:00PM	OPEN GYM 1:30PM-9PM	OPEN GYM 3:30PM-9PM	OPEN GYM 1:30PM-9PM	OPEN GYM 3:30PM-9PM		

ARMORY GYM SCHEDULE

Please see the Welcome Desk for availability from 5am-5pm. Schedule is subject to change with little to no notice. Youth Sports and CAP may move indoors in inclement weather.

OPEN GYM 5AM-6:30PM	OPEN GYM 5AM-9PM	OPEN GYM 5AM-9PM	OPEN GYM 5AM-9PM	OPEN GYM 5AM-9PM	OPEN GYM 7AM-1PM	
CAP 6:30PM-9PM						OPEN GYM 12PM-6PM