



YMCA GYM SCHEDULE

UNION COUNTY FAMILY YMCA

December 9, 2024 - March 1, 2025

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
OPEN GYM 5AM-8AM	OPEN GYM 5AM-9AM	OPEN GYM 5AM-8AM	OPEN GYM 5AM-9AM	OPEN GYM 5AM-8AM	OPEN GYM 7AM-1PM (12/14 - 1/4)	
PICKLEBALL 8AM-11:30AM	WALKING CLASS 9AM-9:30AM	PICKLEBALL 8AM-11:30AM	WALKING CLASS 9AM-9:30AM	PICKLEBALL 8AM-11:30AM	OPEN GYM 7AM-8AM (1/11 - 3/1)	
OPEN GYM 11:30AM-12PM	OPEN GYM 9:30AM-12PM	OPEN GYM 11:30AM-12PM	OPEN GYM 9:30AM-12PM	OPEN GYM 11:30AM-12PM	YOUTH SPORTS 8AM-1PM (1/11 - 3/1)	OPEN GYM 12PM-6PM (12/15 - 1/5, 1/19, 1/26, 2/2, 2/16)
ADULT BASKETBALL 12PM-1:30PM	ADULT BASKETBALL 12PM-1:30PM	ADULT BASKETBALL 12PM-1:30PM	ADULT BASKETBALL 12PM-1:30PM	ADULT BASKETBALL 12PM-1:30PM		
PICKLEBALL 1:30PM-3:30PM	OPEN GYM 1:30PM-5PM	PICKLEBALL 1:30PM-3:30PM	OPEN GYM 1:30PM-5PM	PICKLEBALL 1:30PM-3:30PM		YOUTH SPORTS 12PM-6PM (1/12, 2/6, 2/23)
OPEN GYM 3:30PM-5PM		OPEN GYM 3:30PM-5PM		OPEN GYM 3:30PM-5PM		
YOUTH SPORTS 5PM-9PM	YOUTH SPORTS 5PM-9PM	YOUTH SPORTS 5PM-9PM	YOUTH SPORTS 5PM-9PM	OPEN GYM 3:30PM-9PM		

Schedule is subject to change with little to no notice. Check our Social Media for updates!

ARMORY GYM SCHEDULE

Please see the Welcome Desk for availability from 5am-5pm. Schedule is subject to change with little to no notice.

OPEN GYM 5AM-5PM	OPEN GYM 5AM-5PM	OPEN GYM 5AM-5PM	OPEN GYM 5AM-5PM	OPEN GYM 5AM-5PM	OPEN GYM 7AM-1PM (12/14 - 1/4)	OPEN GYM 12PM-6PM (12/15 - 1/5, 1/19, 1/26, 2/2, 2/16)
YOUTH SPORTS 5PM-6:30PM					OPEN GYM 7AM-8AM (1/11 - 3/1)	
CAP 6:30PM-9PM	YOUTH SPORTS 5PM-9PM	YOUTH SPORTS 5PM-9PM	YOUTH SPORTS 5PM-9PM		YOUTH SPORTS 8AM-1PM (1/11 - 3/1)	YOUTH SPORTS 12PM-6PM (1/12, 2/6, 2/23)