



YMCA GYM SCHEDULE

UNION COUNTY FAMILY YMCA

March 1 - April 30, 2025

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
OPEN GYM 5AM-8AM	OPEN GYM 5AM-9AM	OPEN GYM 5AM-8AM	OPEN GYM 5AM-9AM	OPEN GYM 5AM-8AM	OPEN GYM 7AM-1PM**	
PICKLEBALL 8AM-11:30AM	WALKING CLASS 9AM-9:30AM	PICKLEBALL 8AM-11:30AM	WALKING CLASS 9AM-9:30AM	PICKLEBALL 8AM-11:30AM	**	
OPEN GYM 11:30AM-12PM	OPEN GYM 9:30AM-12PM	OPEN GYM 11:30AM-12PM	OPEN GYM 9:30AM-12PM	OPEN GYM 11:30AM-12PM	3/1 YOUTH SPORTS 9AM-1PM	
ADULT BASKETBALL 12PM-1:30PM	ADULT BASKETBALL 12PM-1:30PM	ADULT BASKETBALL 12PM-1:30PM	ADULT BASKETBALL 12PM-1:30PM	ADULT BASKETBALL 12PM-1:30PM	3/8 YOUTH SPORTS 8AM-11:30AM	
PICKLEBALL 1:30PM-3:30PM	PICKLEBALL (Beginners only) 1:30PM-3:30PM	PICKLEBALL 1:30PM-3:30PM	PICKLEBALL (Beginners only) 1:30PM-3:30PM	PICKLEBALL 1:30PM-3:30PM		**OPEN GYM 12PM-6PM
OPEN GYM 3:30PM-5PM	OPEN GYM 3:30PM-5PM	OPEN GYM 3:30PM-5PM	OPEN GYM 3:30PM-5PM			**YOUTH SPORTS 3/2 - 1PM-4PM, YOUTH SPORTS 3/16-4/27 1PM-6PM
YOUTH SPORTS 5PM-9PM	YOUTH SPORTS 5PM-9PM	YOUTH SPORTS 5PM-9PM	YOUTH SPORTS 5PM-9PM	OPEN GYM 3:30PM-9PM		
		OPEN GYM (HALF) 5PM-7PM				

Schedule is subject to change with little to no notice.
Check our Facebook & Instagram for updates!

ARMORY GYM SCHEDULE

Please see the Welcome Desk for availability from 5am-5pm. National Guard has full use of Armory Gym twice a month, schedule is subject to change with little to no notice.

OPEN GYM 5AM-6:30PM	OPEN GYM 5AM-7PM	OPEN GYM 5AM-9PM	OPEN GYM 5AM-7PM	OPEN GYM 5AM-9PM	OPEN GYM 7AM-1PM	OPEN GYM 12PM-6PM**
CAP 6:30PM-9PM	YOUTH SPORTS 7PM-9PM		YOUTH SPORTS 7PM-9PM			**3/2 YOUTH SPORTS 12:30PM-5:30PM
						3/16 YOUTH SPORTS 12:30PM-4PM

The Armory Gym will be closed 3/8, 3/9, 3/22, 3/23, 4/12, 4/13, 4/26, 4/27 for the National Guard