



STRETCH LEARN GROW

UNION COUNTY FAMILY YMCA



GYMNASTICS at the Y!

All Tuesday, Wednesday & Thursday Gymnastics Classes meet at 1150 Charles Lane. (YMCA)
All Friday Gymnastics Classes meet at 833 N. Maple St. (ECHS Gymnasium).

Baby Gymnastics - Ages 18 months - 3 years

Wednesdays: 10:15am-11am - YMCA

Squeaky Sneakers - Ages 3-5

Tuesdays: 5pm-5:45pm - YMCA

Tuesdays: 6pm-6:45pm - YMCA

Wednesdays: 9:15am-10am - YMCA

Wednesdays: 11:15am-12pm - YMCA

Thursdays: 5pm-5:45pm - YMCA

Thursdays: 6pm-6:45pm - YMCA

Fridays: 5:10pm - 5:55pm - ECHS

Fridays: 6:10pm - 6:55pm - ECHS

Progressive 1 - Beginner

Fridays: 5pm - 5:55pm - ECHS

Fridays: 7pm - 7:55pm - ECHS

Progressive 2 - Intermediate

Fridays: 6pm - 6:55pm - ECHS

Fridays: 7pm - 7:55pm - ECHS

Progressive 3 - Advanced

Fridays: 5pm - 6:30pm - ECHS

Fridays: 6:30pm - 8pm - ECHS

All Gymnastics Classes follow our session schedule and are held once a week for a total of four weeks of classes. Please follow our Session Schedule for registration dates.

For pricing and to register for classes online visit www.unioncountyyymca.org or visit the YMCA.
For more information about Gymnastics contact Amber at acalvert@unioncountyyymca.org.

Union County Family YMCA * 1150 Charles Lane* Marysville, Ohio 43040 * 937-303-9285 * www.unioncountyyymca.org





YMCA Gymnastics

Baby Gymnastics: (1 1/2 – 3 year olds)

This class is designed for parents and children. Participants will develop and improve coordination and large motor skills through basic gymnastics. This class will include forward and backward rolls, skipping, jumping, and low balance beam skills.

Squeaky Sneakers (3-4 year olds)

Children will learn basic gymnastics skills including: forward and backward rolls, cartwheels, balance beam, vault, and bars.

Progressive I (5 years old & up)

This gymnastics class is for students to become familiar with beginning gymnastics skills on the floor, balance beam, bars, and vault.

Progressive II (5 years old & up)

This gymnastics class is more advanced in developing USGF (United States Gymnastics Federation) Level 1-3 skills. Successful completion of Progressive I and teacher approval is required.

Progressive III/ Pre-Team

This gymnastics class is most advanced in developing USGF Level 1-3 skills. Successful completion of Progressive II and teacher approval is required.

Team

Gymnasts will compete with other YMCA teams and in exhibition meets. Tryouts and Coach's approval are required. Participants must be YMCA Members.

Program fees vary per class. Contact our Welcome Desk or visit our website at www.unioncountyyymca.org for specific pricing.

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